

AT MEDICS LTD

THORNTON ROAD SURGERY

NEWSLETTER

ISSUE 8

FEBRUARY 2011

February Health Q & A.

Q. *Do you know what a high temperature reading is?*

A. *Normal body temperature varies by person, age, activity, and time of day. The average normal body temperature is 98.6°F (37°C).*

Buy a thermometer in the chemist for you and your family!



DNA's (Did Not Attend)

PLEASE TRY and be on time for your appointment!

Unfortunately if you are late (more than 10 minutes), you will most likely be asked to re-book for another day. The doctor may see you at their discretion, depending on circumstance, however we cannot guarantee this. If you cannot make your booked appointment please call to cancel. Please give **least one hour's notice** so that we are able to offer the appointment to another patient.

In JANUARY 2011 we had 156 DNA's, please work with us to reduce this number.

DON'T FORGET OUR LATE NIGHT SURGERIES ON TUESDAY AND WEDNESDAY

TRS NOW 'TWEETING!'

TRS WOULD like to announce that we are now tweeting on twitter!

We recently joined the site and hope that our patients will find it a useful resource for all our latest news updates.

We will be tweeting all the latest updates in relation to health and awareness.

CHLAMYDIA AWARENESS WILL BE OUR MAIN FOCUS FOR FEB!



Follow us on Twitter!

Thornton Rd Surgery@TRS299

REGULAR G.P.s: Dr Puvanendran, Dr Quraishi, Dr Whyte and Dr Musalam.

OPENING TIMES:

MONDAY	8-6.30
TUESDAY	8-9.00 (LATE NIGHT)
WEDNESDAY	8-8.00 (LATE NIGHT)
THURSDAY	8-6.30
FRIDAY	8-6.30
SATURDAY	8:30-11.00
SUNDAY	CLOSED

February News In Brief:

Discreet Chlamydia Screening, Are you aged 16-24?

WE OFFER an anonymous Chlamydia testing service.

In our surgery we have testing kits which you can use, seal and drop into our testing "drop-in box", and they will be posted directly to the lab.

Test results are sent to your mobile phone and if not sent to you within a two week time frame.

You can chase the results up yourself, giving you full control of the process.

Please ask our team for more information.

NEW REGISTRATIONS:

WE HAVE recently applied new tab buttons to our amazing website. These tabs now show the 4 different ways to register with TRS! You can now register by post, email, fax and in person!

PLEASE DON'T FORGET TO UPDATE YOUR DETAILS WITH US!

IF YOU HAVE A NEW PHONE NUMBER OR ADDRESS ETC PLEASE TELL RECEPTION!