Mayday Healthcare

NHS Trust Early Pregnancy Unit 'Walk in Service' in CUH

A new service is now being trialled at Croydon University Hospital. The service is **open Monday to Friday, 9am– 11 am.**

It offers a dedicated and comprehensive service for pregnant women experiencing pregnancy related concerns **before the 20th week**. This service will enhance the current ports of referral, dovetailing existing provision and providing a platform for excellence in patient centred care.

Points of the triage and investigative process:

• All women are required to provide a urine sample to confirm pregnancy prior to registration.

• Registration is only offered to women with a positive pregnancy test with no exception. Women with a negative result are re-directed to their GPs for onward referral if required.

• All women are seen by the triage team and based on the clinical information, the most appropriate investigation will be offered.

• The unit will see **women up to 19 weeks and 6 days gestation**. Women at 20 weeks and greater should be referred to obstetrics.

• Scan slots are offered based on clinical need/priority and are available as follows:

- 1. Immediately on the morning list
- 2. Later on the afternoon list
- 3. Fixed appointment within 48 hours or later if clinically indicated

• Women will have access to the EPU team (specialist nurse, trained counsellor, consultant specialist, specialist registrar.)

• Asymptomatic women who are less than 5 weeks will have a blood test to check their hormone levels (BHCG and Progesterone). If BHCG is <1000 and progesterone >60 then BHCG will be repeated in 48 hours. If BHCG is >1000 and Progesterone is > or < 60 then they will be offered an appointment.

• The unit operates as an out-patient clinic and therefore is unable to accept women who present with an acute emergency (e.g., profuse bleeding with symptoms of shock or severe abdominal pain). These women will be directed to A&E as their treatment will be better managed in an acute setting.

• Triage will prioritise women as follow:

- 1. Symptomatic women with a history and examination suggestive of ectopic pregnancy
- 2. Symptomatic women with a history and examination suggestive of a miscarriage
- 3. Women who are asymptomatic and a history suggestive of miscarriage or ectopic pregnancy.

For further information contact the

Early Pregnancy unit on Tel: 0208 401 3310